



**Private Pay MEALS \*Minimum Order of 7 meals / Maximum of 21 meals per week!**

## Call 513-234-0805 to Place Your Order

Qty.	Item #	BREAKFAST:
	75006	Mini Pancakes with Scrambled Eggs, Turkey Sausage (34 g)
	2592	Country Frittata and Whole Wheat English Muffin Half (25 g)
	75011	Biscuit and Sausage Gravy with Scrambled Egg Substitute (29 g)
	75016	Cheddar Cheese Omelet with Cinnamon French Toast (24 g)
	75035	Breakfast Platter (Scrambled Egg Substitute, Turkey Bacon and Hash Brown Stick) (15 g)
	75036	English Muffin, Canadian Style Bacon, Egg and Cheese with Roasted Potatoes & Peppers (44 g)
	2638	Vegetable Omelet (6 g)
	75055	Cinnamon Nut Oatmeal (51 g)
	2536	Hearty Oatmeal with Craisins and Almonds (40 g)
	2130	Sweet Potato Hash with Turkey Ham (33 g)
	2532	Ranch Skillet with Scrambled Eggs and Cheddar Cheese (33 g)
	2533	Southwestern Skillet (Hash, Scrambled Eggs, Salsa and Cheddar Cheese) (34 g)
	2580	Banana and Walnut Pancakes with Honey and Turkey Sausage (41 g)
	2781	Corned Beef Hash with Potatoes and Scrambled Egg Whites (19 g)
Qty.	Item #	LUNCH:
	75013	Pork Fried Rice with Asian Vegetables (40 g)
	75014	Goulash and Mixed Vegetables (39 g)
	75015	Tuna Casserole (38 g)
	75020	Meat Lasagna with Mixed Vegetables (36 g)
	75073	White Bean Stew with Ham (37 g)
	75082	Chicken Teriyaki with Vegetable Lo Mein (53 g)
	75071	Creamy Chicken and Corn Bake (27 g)
	75030	Cornmeal Crusted Catfish, Mashed Potatoes and Green Beans with Carrots (32 g)
	75031	Fish Nuggets with Cheesy Potatoes, Mixed Vegetables (43 g)
	75032	Pork and White Bean Stew (22 g)
	75034	Spaghetti with Meat Sauce and Cheese (42 g)
	75046	Beef Shepherds Pie (38 g)
	75047	Stuffed Pepper with Beef, Mashed Potatoes, Gravy (24 g)
	75056	Chicken Pasta Salad (39 g)
	75078	Chicken Carbonara (32 g)
	75083	Chicken Rice Soup with Double Cheese Sandwich (38 g)
	75084	Tomato Garlic Soup and Turkey Sandwich (45 g)
	85029	Cheesy Potato and Ham Soup and Chicken Salad Sandwich (54 g)
	2831	Hoisin Glazed Chicken Breast with Shredded Vegetables (30 g)
	2587	Grilled Turkey and Wild Rice Salad (39 g)
	2586	Hearty Beef Soup with Cornbread Muffin (33 g)
Qty.	Item #	DINNER:
	75076	Beef Pot Pie (27 g)
	75001	Meat Patty Loaf with Baby Baked Potatoes, Green Beans (34 g)
	75004	Beef Enchilada and Cheese with Corn Tortillas (37 g)
	75007	Beef Pot Roast with Gravy, Red Potatoes and Carrots (37 g)
	75075	Turkey Pot Pie (30 g)
	75017	Pork Burger with Bun and Baked Beans and BBQ Sauce (41 g)
	75019	Creamed Chicken and Biscuit with Scandinavian Blend Vegetables (47 g)
	75023	Chicken and Noodles with Sicilian Blend Vegetables (40 g)
	75033	Loose Meat Beef Sandwich and BBQ Baked Beans (27 g)
	75037	White Chicken Fajita Strips, Vegetables and Cheese with Spanish Rice and Tortillas (61 g)
	75074	Beef Flatbread Pizza (37 g)
	75041	Meatballs with Mashed Potatoes, Gravy, Capri Blend Vegetables (53 g)
	75042	Pork Roast, Mashed Potatoes, Gravy, Green Beans (18 g)
	75068	Chicken Pot Pie (41 g)
	75045	Calico Beans and Beef with Vegetable Rice (48 g)
	75050	Blackened Chicken Breast with Red Beans and Rice (40 g)
	75051	Chicken Vesuvio (41 g)
	75070	Broccoli Chicken Supreme (36 g)
	75059	Balsamic White Chicken with Lemon Pesto Pasta (41 g)
	75060	Chicken with Fettuccini and Marinara (36 g)
	75062	Turkey Thigh Pot Roast, Mashed Sweet Potatoes, Gravy and Broccoli (36 g)

**To assist our diabetic customers, the carbohydrate level for each meal is listed in parenthesis. Please select the meals that are most appropriate for your dietary needs. Menus are subject to change.**

