



Private Pay MEALS *Minimum Order of 7 meals / Maximum of 21 meals per week!

Call 513-234-0805 to Place Your Order

| Qty. | Item # | BREAKFAST: |
|------|--------|---|
| | 75006 | Mini Pancakes with Scrambled Eggs, Turkey Sausage (34 g) |
| | 2592 | Country Frittata and Whole Wheat English Muffin Half (25 g) |
| | 75011 | Biscuit and Sausage Gravy with Scrambled Egg Substitute (29 g) |
| | 75016 | Cheddar Cheese Omelet with Cinnamon French Toast (24 g) |
| | 75035 | Breakfast Platter (Scrambled Egg Substitute, Turkey Bacon and Hash Brown Stick) (15 g) |
| | 75036 | English Muffin, Canadian Style Bacon, Egg and Cheese with Roasted Potatoes & Peppers (44 g) |
| | 2638 | Vegetable Omelet (6 g) |
| | 75055 | Cinnamon Nut Oatmeal (51 g) |
| | 2536 | Hearty Oatmeal with Craisins and Almonds (40 g) |
| | 2130 | Sweet Potato Hash with Turkey Ham (33 g) |
| | 2532 | Ranch Skillet with Scrambled Eggs and Cheddar Cheese (33 g) |
| | 2533 | Southwestern Skillet (Hash, Scrambled Eggs, Salsa and Cheddar Cheese) (34 g) |
| | 2580 | Banana and Walnut Pancakes with Honey and Turkey Sausage (41 g) |
| | 2781 | Corned Beef Hash with Potatoes and Scrambled Egg Whites (19 g) |
| Qty. | Item # | LUNCH: |
| | 75013 | Pork Fried Rice with Asian Vegetables (40 g) |
| | 75014 | Goulash and Mixed Vegetables (39 g) |
| | 75015 | Tuna Casserole (38 g) |
| | 75020 | Meat Lasagna with Mixed Vegetables (36 g) |
| | 75073 | White Bean Stew with Ham (37 g) |
| | 75082 | Chicken Teriyaki with Vegetable Lo Mein (53 g) |
| | 75071 | Creamy Chicken and Corn Bake (27 g) |
| | 75030 | Cornmeal Crusted Catfish, Mashed Potatoes and Green Beans with Carrots (32 g) |
| | 75031 | Fish Nuggets with Cheesy Potatoes, Mixed Vegetables (43 g) |
| | 75032 | Pork and White Bean Stew (22 g) |
| | 75034 | Spaghetti with Meat Sauce and Cheese (42 g) |
| | 75046 | Beef Shepherds Pie (38 g) |
| | 75047 | Stuffed Pepper with Beef, Mashed Potatoes, Gravy (24 g) |
| | 75056 | Chicken Pasta Salad (39 g) |
| | 75078 | Chicken Carbonara (32 g) |
| | 75083 | Chicken Rice Soup with Double Cheese Sandwich (38 g) |
| | 75084 | Tomato Garlic Soup and Turkey Sandwich (45 g) |
| | 85029 | Cheesy Potato and Ham Soup and Chicken Salad Sandwich (54 g) |
| | 2831 | Hoisin Glazed Chicken Breast with Shredded Vegetables (30 g) |
| | 2587 | Grilled Turkey and Wild Rice Salad (39 g) |
| | 2586 | Hearty Beef Soup with Cornbread Muffin (33 g) |
| Qty. | Item # | DINNER: |
| | 75076 | Beef Pot Pie (27 g) |
| | 75001 | Meat Patty Loaf with Baby Baked Potatoes, Green Beans (34 g) |
| | 75004 | Beef Enchilada and Cheese with Corn Tortillas (37 g) |
| | 75007 | Beef Pot Roast with Gravy, Red Potatoes and Carrots (37 g) |
| | 75075 | Turkey Pot Pie (30 g) |
| | 75017 | Pork Burger with Bun and Baked Beans and BBQ Sauce (41 g) |
| | 75019 | Creamed Chicken and Biscuit with Scandinavian Blend Vegetables (47 g) |
| | 75023 | Chicken and Noodles with Sicilian Blend Vegetables (40 g) |
| | 75033 | Loose Meat Beef Sandwich and BBQ Baked Beans (27 g) |
| | 75037 | White Chicken Fajita Strips, Vegetables and Cheese with Spanish Rice and Tortillas (61 g) |
| | 75074 | Beef Flatbread Pizza (37 g) |
| | 75041 | Meatballs with Mashed Potatoes, Gravy, Capri Blend Vegetables (53 g) |
| | 75042 | Pork Roast, Mashed Potatoes, Gravy, Green Beans (18 g) |
| | 75068 | Chicken Pot Pie (41 g) |
| | 75045 | Calico Beans and Beef with Vegetable Rice (48 g) |
| | 75050 | Blackened Chicken Breast with Red Beans and Rice (40 g) |
| | 75051 | Chicken Vesuvio (41 g) |
| | 75070 | Broccoli Chicken Supreme (36 g) |
| | 75059 | Balsamic White Chicken with Lemon Pesto Pasta (41 g) |
| | 75060 | Chicken with Fettuccini and Marinara (36 g) |
| | 75062 | Turkey Thigh Pot Roast, Mashed Sweet Potatoes, Gravy and Broccoli (36 g) |

To assist our diabetic customers, the carbohydrate level for each meal is listed in parenthesis. Please select the meals that are most appropriate for your dietary needs. Menus are subject to change.

